

**Workforce Investment Act Eligible Training Program****Provider Name:** MTTI (MotoRing Technical Training Institute)**Contract #** 4050- -52**Address:**
1241 Fall River Avenue (Route 6)
Seekonk, MA 02771**Address if program is held at a another site:**

_____**Program Name:** Personal Fitness TrainerOffice use only: ONET CODE 39-9031.00**CONTACT INFORMATION**Program Contact Person:
John ZilchPhone: 508.336.6611Email: jzilch@mtti.eduFax: 508.336.8887Website: www.mtti.edu**Course Outline/Topics to be Covered**

Employment of fitness trainers and instructors is expected to grow by 24 percent from 2010 to 2020, faster than the average for all occupations. Students will have the opportunity to earn additional certificates in CPR / AED, and FMS (Functional Movement Screen). Students who qualify are eligible to sit for the American College of Sports Medicine Personal Trainer Certification Exam. ACSM is the gold standard in the health and fitness, and one of the most respected certifications, in the industry. Graduates are trained to work in commercial health clubs, fitness centers, hotels, resorts, corporate fitness facilities, hospital-based wellness centers, and private personal training studios. MTTI's instructors are highly experienced Personal Fitness Trainers. Our instructors have worked in the health and fitness industry for many years. Each instructor meets the standards of approval by the Massachusetts Office of Private Occupational School Education (OSE) within the Division of Professional Licensure (DPL), and the ACCSC (Accrediting Commission of Career Schools and Colleges). Each student w

Required academic grade levels to enter programReading Grade Level 7th gradeMath Grade Level 7th gradeEnglish Proficiency Must be proficient**Required to enter training program**

Physical ☐ Yes ☒ No
 Vaccinations ☐ Yes ☒ No
 Drug test ☐ Yes ☒ No
 BCI ☐ Yes ☒ No
 License ☐ Yes ☒ No
 Tools ☐ Yes ☒ No
 Experience ☐ Yes ☒ No

Other : Drivers License
 Instructor Interview
 High School Diploma/GED

MAY be required for employment

Physical ☒ Yes ☐ No
 Vaccinations ☒ Yes ☐ No
 Drug test ☒ Yes ☐ No
 BCI ☒ Yes ☐ No
 Certification ☒ Yes ☐ No
 License ☒ Yes ☐ No
 Tools ☐ Yes ☐ No
 Experience ☐ Yes ☒ No

Other :

Participants will be qualified to seek employment in the following occupations:

- 1) Fitness Trainers 2) Aerobics Instructors
 3) Personal Fitness Trainer 4) _____

Is this program Pell grant eligible?☒ Yes☐ No**PROGRAM COSTS:****TUITION INCLUDES:**

Tuition \$13,800.00
 Fees \$50.00
 Books \$100.00
 Licensing _____
 Certificate fees _____
 Other, provide explanation _____

Total Tuition Cost \$13,950.00**These are expenses that MAY be reimbursed after successful completion of training.**

Please indicate Yes, No or enter the amount

	YES	NO	AMOUNT
Books	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	_____
Licensing	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	_____
Tools	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	_____
Uniforms	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	_____
Travel	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	_____
Miscellaneous	<input type="checkbox"/> Yes	<input checked="" type="checkbox"/> No	_____

Total \$0.00**Participant is responsible for :**

Prerequisites _____
 Memberships _____

Cost above tuition cap* \$8,450.00**Expenses that MAY be reimbursed \$0.00****Total \$8,450.00****Maximum ITA Responsibility (Max. \$5500)****\$5,500.00****PROGRAM LENGTH**Weeks and Hours
and**Additional Information****900-hour course, 30 hours/30 weeks.****Financial aid is available (if you qualify). Students who qualify may be eligible for up to \$5,550.00 in Pell Grant.****What type of certificate will be awarded and by whom?**Personal Fitness Trainer Diploma provided by MTTI